

the link

A monthly publication of
New Hope United
Methodist Church

February 2014

Join us at New Hope UMC, Sunday mornings at 8:30, 9:30, 10:45 and at
Johnston River of Life at 5pm on Saturdays and 10am on Sundays.

February at New Hope UMC

Cabin Fever

Feb 2 The Exterior: *Identity*
Feb 9 The Fireplace: *Love*
Feb 16 The Windows: *Light*
Feb 23 The Door: *From Inside to Out*
Mar 2 Winter Storm: *Perseverance*

February at JROL

LOVE VALIDATES

feb 1-2 *Speech*
feb 8-9 *Knowledge*
feb 15-16 *Faith*
feb 22-23 *Sacrifice*
mar 1-2 *ALL Things*



Sweethearts Dinner

Sunday, February 9th at 6pm

The Senior High BLAST youth group is excited to announce the second annual **Sweethearts Dinner on Sunday, February 9th at 6pm.**

Please register today to enjoy this relaxing evening; where we are having a professional chef (Chef Tony Scharfenkamp) prepare a 3 course meal.

New this year is the choice of meal. Both options start with bread and a side salad.

♥ Option one is hand carved prime rib with Au Jus served on a bed of creamy garlic mashed potatoes and red cinnamon candied carrots.

♥ Option two is bacon wrapped stuffed chicken served on a bed of creamy garlic mashed potatoes and topped with greens beans.

Additionally this year, we have asked Johnston River of Life's Pastry Chef Melissa McGhee to help prepare Heavenly Filled Cheesecake Strawberries as the final course for this meal.

We will have a staffed nursery during this event and the kids will enjoy a meal of chicken nuggets, french fries, and Jell-O parfait.

Please preregister for this event today; \$30 per couple, \$15 per person, and \$7.50 per kid. Signup will be in the New Hope fellowship Hall next to the Senior BLAST bulletin board.



membership news

prayer chain request

If you have a prayer chain request, please call the church office at 278-2097 or Jan Davisson at 251-4894. To be added to the e-mail prayer chain distribution list, please call the church office or Jan.

Prayer Concerns

Ally Mohrman; Mary Davis, mother of Dave Davis; Lesta Lobaugh, mother of Le Howland; Kyle Hendricks, son of Sara & Bryce Henricks; Bishop Julius Trimble; District Superintendent, David Weesner; District Field Minister, Karen Nelson; Dr. Emmanuel Mefor, missionary.

Prayers for the following military personnel: Jason Homard; Zach McClain; Skylar Wright; Tim Rains and our national and world leaders, our military and their families.

Sympathy

Our Sympathy to Lee Ross, Glenna Ross & DeVonne Douglas on the passing of Phoebe Landis, sister-in-law and aunt.

Our Sympathy to the family of Harold Schuler on his passing.

Our Sympathy to the family of Walter Clark on his passing.

Our Sympathy to Dave & Karen Davis and family on the passing of Dave's dad, Harry Davis.

Thank You

Dear New Hope family, Thank you all for your concern & prayers. I am in therapy now. It seems like it is a long way to recovery. Thanks for the lovely uplifting cards and delicious meals. Special thanks to Neil for coming out in the early morning to be with us and for his support and prayers.

Bhanu Moses

Bruce and I would like to thank the family of New Hope for their prayers and expressions of support during the past year, as we dealt with the loss of my beloved mother, my brother, and Bruce's brother. To know that there are people that care is a great comfort during such difficult times.

Arlene Dabill and Bruce Bernard

THANK YOU SO MUCH for your generous donations to the Toys and Books Collection for the Children's Activity Bags. In February the Activity Bags will be freshened up with your donations so our young ones can enjoy them during the worship services. We so appreciate your help in this project.

Thank you, Women's Fellowship.

Thank You

A very HUGE thank you to those who worked on January 18th for New Hope's Quarterly Fix-it Day! The Board of Trustees cannot appropriately say thank you for all the hard work and long hours spent fixing, beautifying and organizing the church building. Thanks to Jody Rains for preparing and serving lunch with the assistance of Norma Sutton. Those in attendance were - Pam Frey, Dave Followwill, Bill Gibbons, Army Larsen, Nancy & Dale Monthei, Brock Moore, Roger Moore, Jared Robertson, Spencer Sutton, Steve Sutton, Mike Wakeman, John Walker, Paul Weisskopf and John Rains. Effort like this makes a lot of work go quickly and increases comradery among those in attendance.

John Rains, Chair, Board of Trustees



Jared & Bill prepping the hallway to fix & paint the ceiling.



Roger and Dave hauling out items to the dumpster.



Caught Mike taking a little break from cleaning out the storage room. Ha, ha!

Small Group—Wednesday nights

Join New Hope / Johnston River of Life new members class. Even if you are a current member but would like to be a part of a small group, or learn more about your faith, we invite you to join the upcoming Wednesday evening classes. We will be discussing topics like:

- Bible Basics
- Sacraments
- UM Theology, History, & Polity
- Discipleship & Spiritual disciplines
- JROL Mission statement & Evangelism
- Spiritual gifts survey – and application

We will meet at 6pm in the Ruby Chapel on Wednesdays: Feb. 5, 12, 19 & 26

Easter Seasonal Choir

Please plan to join the group as we prepare the Easter Cantata "Once Upon A Tree" by Pepper Choplin. The major events of Holy Week, beginning with Palm Sunday and finally Easter are brought to life through the eyes of Luke.

Rehearsals will begin on Wed., February 12 from 7:30 - 8:30 p.m. in the sanctuary right after Chancel Choir rehearsal. Any extra rehearsals will be planned as needed by the choir.

There is also a need for a **narrator** that will introduce each piece and have an integral role in bringing the character of Luke alive. This individual will begin rehearsing with the group the first week of April.

If day care is needed, please let Eldon Cross know so that arrangements can be made, 515-250-1476 or elcatalia4@gmail.com
Please consider joining this fun, energetic group



The Women's Fellowship is having a pie sale on **Sunday, February 23 after each worship service.**

Buy a whole pie to support the Women's Fellowship mission projects.

Women's Bible Study

Your survey results indicate that evening is the best time for our next study, however we also received some interest in a morning study, so we hope to have both. Please sign up to leave your information and preference for Monday mornings at 10:15 or Monday evenings at 6:30 on the sign-up table in Fellowship Hall or call Sharon Smith: 515-277-7125. If you need child-care, please indicate that, too.

In February we will embark on our **Holy Living** journey. After an overview of John Wesley's ideas for Holy living, mind, body, and spirit, we will watch some DVDs from Joyce Meyer.

This is our line-up for February:

Feb. 3rd, Spiritual Health and John Wesley lesson
Feb. 10th, Mental Health, and visit from fitness instructor

Feb. 17th, Emotional Health and visit from counselor

Feb. 24th, Physical Health and visit from dietician

Our topics for March:

March 3rd, since Ash Wednesday is March 5th, we will introduce the Daniel Plan/Fast for Lent and construct a Daniel Plan journal,

March 10th will focus on Foods that Heal

Mar. 17th, on Foods that Harm

Mar. 24th, on Brain health

Mar. 31st, Practicing Healthy Habits and construct a Prayer bracelet

April 7th, Loving, Healthy Relationships and Forgiveness

April 14th, will be an evening of celebration with emphasis on Prayer and Meditation with fun activities.



Boy Scouts

Sunday, February 9

All Boy Scouts and leaders are encouraged to wear their Boy Scout uniforms for Boy Scout Sunday on February 9.



Family Fun Night with a Beach Party!

Wednesday, March 12

5:30-7:30pm

Dinner * Dance * Games * Puppets

Wear a "beach" shirt.

Free-will offering for
the dinner.



Reservations

appreciated by March 2

Call 515-278-2097 or

email nhfamily@newhopedsm.org

Ash Wednesday

6:00pm Pancake Supper

7:00pm Ash Wed. Service

Wednesday, March 5



Come for Pancakes...

6:00 pm pancake supper

Free-Will Offering. Prepared and Served by

Sr. High BLAST. Help Sr. High BLAST in raising
money for their summer mission trip.

Stay for worship...

7:00 pm, Ash Wednesday worship.

Confirmation students will be helping to lead the
worship service.

**(Childcare will be provided for children ages 4
and lower.)**

Join us this Ash Wednesday for food, fellowship, and
prayer.

2014:

RAY
PUGH
INSTITUTE
OF NEW HOPE

Save the Dates

for the Ray Pugh Institute of New Hope!

The **Ray Pugh Institute of New Hope** at New Hope United Methodist Church, celebrates its
20th year!

Three outstanding individuals, invited to our 2014 Institute podium will share their life
experiences and insights about how events in their lives shaped their pathways in life.

Joining us to share their stories at the 2014 Ray Pugh Institute of New Hope are:

Sunday, March 30: Jack Lashier, Director of the Iowa Hall of Pride.

Sunday, April 6: Floyd & Kathy Hammer, Outreach, Inc. which helps local churches package meals for the poor.

Sunday, April 13: Michael Vogt, Curator of Iowa Gold Star Museum

More details will be coming in March.

All sessions begin at 6:00 p.m. in the Family Life Center at New Hope UMC.

No collection will be taken.



Please consider sharing your talents with the congregation for the 8:30 or 10:45 services (or
both) this summer. Soloists, duets, quartets and small groups (vocal and instrumental) are
welcome. They do not even have to be a part of our congregation!

It's a great way to show off our talented congregation and help others discover (or re-discover)
their hidden talent.

Memorial Day weekend will be the first Sunday singers or instrumentalists will be needed and
ending Labor Day Weekend. The third Sunday of the month, Summer Choir will sing at the 10:45 services.

Sign up sheets will soon be appearing in Fellowship Hall and Beaver Creek (Johnston River of Life folks are welcome
too!), so look at your calendars and make plans today. Make a joyful noise to the Lord!

christian learning opportunities

Children's Ministries

Mission Statement

A church family working together to teach children to know, grow, and show the love of Jesus Christ.

Christian Learning Time (10:45-11:45)

CLT classes meet every Sunday from 10:45-11:45am. We have classes for ages 3 years, all the way to 12th grade. CLT can be a very valuable experience for our children and youth. It gives them the fundamentals they need to grow in their faith and become mature, Christ-following adults. Those children and youth are the future of this church. Please invest in them, and encourage them to attend Christian Learning Time. Also take the opportunity to set the example for them by getting involved in a class or Bible study yourself. Both your faith and their faith will benefit from it.

In February, our children will continue to learn about the life and ministry of Jesus in the New Testament through stories like calling the fishermen, and teaching the beatitudes.

Our youth will continue discussing current events and how those relate to our faith. Consider growing your faith by leaps and bounds through CLT.

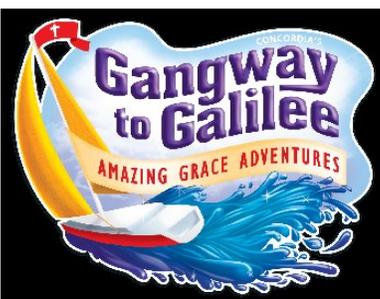
Acolytes: If you are in 4th, 5th or 6th grade and would like to serve as an acolyte at the 10:45am worship service over the next several months, please sign up outside Sarah's office.

Children's Worship

Children's Worship is a meaningful time for children ages 3 years through 2nd grade to worship and connect with God. Children will participate in an engaging worship service geared just for them in the Sanctuary after the Children's Message during the 9:30 service.

Thank you to all the volunteers that have come forward to help with this ministry. We have the schedule full for the rest of this school year, except for Easter Sunday. **If you would like to help lead Children's Worship on Sunday, April 20th (WE WILL NEED MORE THAN 1 ADULT), please contact Sarah Jacobson.**

Parents and Families: Make sure to check out the bulletin board outside of Sarah's office this month. There are lots of free resources for you to take including a meal time devotion titled "Valentine's Day: Show-and-Tell," an activity sheet for kids (they can do this during worship, on a car ride, or just to keep them busy at home), The Parent Link, and a helpful tool called "Love is spelled T-I-M-E." Consider this your One- Stop- Shop for all information about Children's Ministries. If there is any information or resources you'd like to see posted here, or you have something that you think other New Hope Parents might find helpful, contact sjacobson@newhopedsm.org.



New Hope VBS is officially set for July 13-17, and *Gangway to Galilee* is the theme! This adventure will take us on and around the Sea of Galilee with five accounts of Jesus' ministry there. By grace through faith, Jesus, God's own Son our Savior, calls us, teaches us, keeps us safe, saves us, and provides all we need now and forever. That's amazing grace! Mark your calendars for July 13 - 17, 5:30-6pm dinner; 6-8pm activities.

We currently have lead volunteers for missions, music, and decorations. If you are interested in leading in the areas of crafts, storytelling, games, snacks, evening meals, or shepherding, please sign up in the fellowship hall or speak directly with Andy Sutton, 515-554-4055, smileysutton13@gmail.com, or Julie Sahlin, jresahlin@aol.com.



Please remember to turn in your registration fee of \$3/child or \$8/family if your child or family is participating in TGIW or Family Nights this semester. We are dependent on those fees to help cover our cost of supplies needed to make this ministry possible. You can give this money directly to Sarah Jacobson, or put it in the Free Will Donation

basket for supper.

We have some very exciting things coming up in February and beyond, but we need some volunteers to make it happen. Please consider what you can do to help make this ministry possible.

Looking for a short term Music Leader(s): Do you have a gift for music? Are you willing to teach music to children? You might be just what we are looking for! Our church loves to see our children perform and sing in the services so we would like to offer Children's Choir on a short-term basis. If you have a gift or interest in this area, would you consider how you can help out our TGIW program? This will be a 3 week commitment during the months of March (26th) and April (2nd and 23rd) with a short performance to follow on Sunday, April 27th. Time frame is Wednesday evenings from 6-7pm. We will have choirs for ages K-2nd grade and 3rd-5th grade. Music can be pre-selected or resources are available for you to choose from. If interested in helping develop the musical gifts of our children, please contact sjacobson@hopedsdm.org.



Wednesday Night Cancellations: Just a reminder to that if the Des Moines, Urbandale or Johnston schools are canceled or release early due to winter weather, our activities will be canceled. Notices will also be on the tv stations.

TGIW Family Night
Wed., February 12th
Dinner at 5:30pm
Family Valentines Party
to follow 6:00-7:15pm

Join us for family valentine-themed games that will get our hearts healthy, cookie decorating and a mission project to make valentines for Hand of Luke. We need to make over 200 valentines so we can use as much help as we can get!!!

The evening will end with the kids/youth in the Family Life Center for a short devotion time (7-7:15) while parents will have an opportunity to fellowship with one another and talk about different parenting topics in the Fellowship Hall. This is an informal time meant for parents to connect on certain issues without having to "parent" at the same time. We hope you'll take advantage of these opportunities.

TGIW Family Nights are open to any family or individual, age doesn't matter! They will always fall on the 2nd Wednesday of the month. Nursery care will be provided only if requested. Contact Sarah Jacobson if this is a service you wish to have provided by the 2nd Monday of the month.

Here is our upcoming TGIW schedule:

<p>Feb 5th</p> <p>Meal 5:30pm TGIW Activities 6:00-7:15 Bells 6:30-7:00 Puppets 7:15-8:00</p>	<p>Feb 19th</p> <p>Meal 5:30pm TGIW Activities 6:00-7:15 Bells 6:30-7:00 Puppets 7:15-8:00</p>
<p>Feb 12th</p> <p>Meal 5:30pm 6-7:15pm, TGIW Family Valentines Party Puppets 7:15-8:00</p>	<p>Feb 26th</p> <p>Meal 5:30pm TGIW Activities 6:00-7:15 <u>Last Night of Bells 6:30-7:00</u> Puppets 7:15-8:00</p>

youth programs



The focus of **Jr. High BLAST** (6th-8th grade) this year is to share the love of Christ through fun fellowship activities and service projects.

January was a great time! We brainstormed and came up with a schedule. We did yoga, made a healthy snack and talked about nutrition, sleep and keeping moving. We also had a trip to SkyZone and worked on designing a game for all of us to play.

We meet on Wednesdays at 6:00 - 7:15pm at New Hope. Be sure to invite your friends to our Wednesday night meetings and fellowship activities.

Coming up in February:

Feb 5: Youth will teach/play game they prepared from previous week; Volleyball (time permitting)

Feb 12: Youth need to bring a dozen pre made sugar cookies, youth will decorate cookies and prepare for a friend/relative for Valentine's Day; Olympic Games

Feb 19: Study nutrition, proper intake of food, food pyramid, etc; Nutrition Games

Feb 26: Team Games (Dodge ball, Capture the Flag)

Sr. BLAST (9th-12th grade) Leaders: Chris Higdon, Charity Johnson, and Pam Frey – BLAST@NewHopeDSM.org



Our mission trip has been set for Senior High Blast (July 13th – 19th); this year the group will be heading to Camp Gray Squirrel in Tahlequah, Oklahoma. During this trip, our youth will be working on repairs and improvement projects at the children's home, as well as interacting with the children that live there through games and outreach activities. Additionally, the youth will have opportunities to serve the local community by helping with home repairs, painting, and maintenance on the homes in the community.



Our group started our fundraising effort in January with a successful mission's breakfast on Sunday, January 12th. Thank you to everyone who supported this event. The mission's breakfast raised around \$500 for the mission trip to Camp Gray Squirrel.

Throughout the next couple of months; the youth will be doing a lot of fundraising events both inside the church and outside the church.

The next event is a sweethearts dinner on Sunday, February 9th at 6pm. Please see the article on the front page of the Link newsletter; preregistration is required for this event; \$30 per couple, \$15 per person, and \$7.50 per kid.

Additionally, we will be hosting two informational mission trip meetings for both parents and students (Feb 5th and Feb 9th). Finally, our deadline for having students registered for the 2014 mission trip is on February 26th; spots are reserved with a \$60 deposit.

Here are the remaining youth events for the next two months:

Every Wednesday Night ~ BLAST Wednesday Night Activities

Feb 2nd @ 3pm ~ Super Bowl Party at the Higdon House (8144 Durham Circle, Johnston, IA)

Feb 5th @ 6pm ~ Informational 2014 Mission Trip Meeting

Feb 9th @ Noon ~ Informational 2014 Mission Trip Meeting

Feb 9th @ 6pm ~ Sweetheart Dinner at New Hope

Feb 26th ~ 2014 Mission Trip Deposit Deadline

Feb 28th ~ Sr. BLAST Lock-In at New Hope

Mar 5th @ 5pm ~ Ash Wednesday Pancake Feed

More information about the above events will be sent out in email and posted on Facebook (<http://www.facebook.com/SeniorHighBlast>).

Prayer Shawl Ministry

First Tuesday of each month, 6:30pm

The Prayer Shawl Ministry members knit or crochet shawls that are given to persons who are ill, have suffered a loss, or are in the midst of a life crisis. The group currently meets the first Tuesday of each month at 6:30 at the church to work on shawls and pray for the recipients of their work. You can join our Prayer Shawl Ministry by getting involved in making shawls with us or by requesting a shawl for a friend or loved one you know that is in need. If you wish to make a donation of yarn or money to purchase yarn, we welcome your contribution.

Chick Lit. Book Club/Film Group/Prayer Group

Please join us for fellowship and insightful conversation as we continue with the series entitled, "Ordinary People Doing Extraordinary Things."

FEBRUARY BOOK: The Homecoming of Samuel Lake by Jenny Wingfield

DATE/TIME: Thursday, February 27 at 6:30

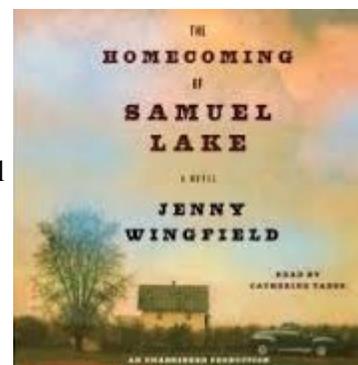
WHERE: Ruby Chapel

BOOKS AVAILABLE FOR CHECK-OUT IN CHURCH OFFICE

Homecoming of Samuel Lake

by Jenny Wingfield

Every first Sunday in June, members of the Moses clan gather for an annual reunion at "the old home place," a sprawling hundred-acre farm in Arkansas. And every year, Samuel Lake, a vibrant and committed young preacher, brings his beloved wife, Willadee Moses, and their three children back for the festivities. The children embrace the reunion as a welcome escape from the prying eyes of their father's congregation; for Willadee it's a precious opportunity to spend time with her mother and father, Calla and John. But just as the reunion is getting under way, tragedy strikes, jolting the family to their core: John's untimely death and, soon after, the loss of Samuel's parish, which set the stage for a summer of crisis and profound change.



2014 RUMMAGE SALE COMING: May 1, 2, 3

Hopefully you have begun putting items aside for the big sale!

We are still in the process of planning the 2014 Rummage Sale. We will be using the computer volunteer program, as well as the regular sign-up sheets. This year, during the sale, we hope to have people signing up for 3 hour shifts and be placed in the area of most need. You will be able to have a sit down job if you request it. If you wish to work in a specific area, you can also request that. More coming on volunteers.

THE IMMEDIATE NEED is 6 volunteers to be in charge of an area, before the sale begins. It is crucial to identify these leaders at this time so they are involved in the planning. Their job would involve receiving donations, displaying and marking. Workers would be assigned to assist you. It would not be necessary to be present during the sale unless you chose to. (Although, it would be helpful to have these leaders present on Thursday aft. from noon to 4:00pm)

Areas in need of a leader are:

Women's Clothing
Men's Clothing
Holidays
Bed/Bath/Linens
Crafts
Furniture
Sports/Garden



IF YOU CAN VOLUNTEER NOW TO BE RESPONSIBLE FOR SETTING UP ONE OF THESE AREAS BEFORE THE SALE, PLEASE CONTACT: Glean Coates at 491-9070 or 270-8538.



The Board of Trustees wish to form a Safety Committee. This committee will be a sub-committee to the Board of Trustees, acting in an advisory capacity to the Board of Trustees, will meet once per quarter discussing safety issues and making a list of things to be done to improve safety. Roger Moore will represent the Board of Trustees on this committee.

We are looking for three to five congregation members to volunteer to be on this committee. Will you do that?

Please reply to John Rains, Chair of Board of Trustees, at johnsgm45@gmail.com or 515-238-1576. Thank you for considering this request!



Garlands of Gifts, held in the fall, continues to be a successful event for New Hope UMC.

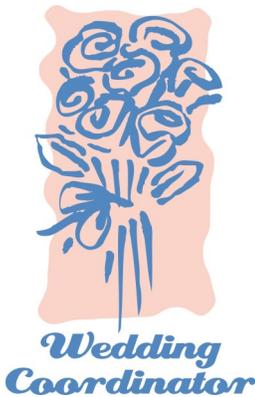
Vendors purchase space & tables from our church and then they sell their goods at the event. The public is invited to attend for free and they appreciate the handicap accessible space and friendly volunteers.

The 4th annual Garlands of Gifts will be held on November 8, 2014.

Like any event, it takes a team of volunteers to organize, advertise, set up the bake sale, be greeters, and set up and tear down.

Please contact Tamara Evans at tamaraevans2@gmail.com or 515-710-9238 to let her know that you can help.

Thank you!



New Hope is looking for the special person(s) to fill the position of Wedding Coordinator. This is a fun and blessed time watching and being a part of a very special time in a couple's life. This person would be responsible for helping the wedding party through the process of their rehearsal and wedding as it pertains to the church. Before the rehearsal you will get the church ready (banners and clothes changed, attendance books picked up and candles placed) At the rehearsal you will help with the flow of the ceremony, making sure everyone gets down the aisle and climate is ok). The day of the wedding arriving an hour before the ceremony to check on wedding party and church. After the ceremony getting the church ready for the Sunday service. Approx. four hours per wedding. You can contact the current wedding coordinator for more information or questions, Penny Dolberg at penny.dolberg@gmail.com. She will also help train before the end of June.

If you would be interested in this volunteer position, please contact either Billy Nuzum at bbnewz54@gmail.com or Nancy Monthei at nhfamily@newhopedsm.org.



We are looking for several volunteers who would be interested in spreading the hospitality of New Hope to visitors. The job requirements would be to do a one time home visit for anyone attending our church and following up with a phone call. It does not require a lengthy conversation, but a short, "we're glad you came", give them a gift and let them know that we care to see them back again. This is such an important job in our efforts to continue reaching into our community and share the love of Jesus with all. There is not an age requirement for this.

Please contact me if this is something you would be willing to help with. The more people that are involved in this, the more it can be rotated.

Thank you for showing an interest. Please contact Billy Nuzum, Lay Leader, bbnewz54@gmail.com

Thank you for showing an interest. Please contact Billy Nuzum, Lay Leader, bbnewz54@gmail.com

I Corinthians 13

If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing. Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends. As for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. For we know in part and we prophesy in part, but when the perfect comes, the partial will pass away. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child. When I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.

So now faith, hope, and love abide, these three; but the greatest of these is love.

One of the Greatest themes of the Bible is Love. Actually love is one of the greatest themes of life. If you read a book or listen to music, love is present. There is no escaping the fact that life and relationships involve Love.

We ask questions like:

“What’s Love got to do with it?” Or, we stress when we feel like someone has “Lost that Lovin Feeling.”

Jesus’ taught us a great deal about love when he said things like, “Love God, Love your neighbor,” or, “The greatest form of love is to lay down your life for a friend.” Or even, “All people will know you are my disciples if you Love one another.” When we look at the way Jesus served and cared for all people we see the greatest example of “The Power of Love,” or better yet, “Endless Love.”

The truth is we seek love in relationships. We need compassion, care, intimacy, truth, hope, and significance. We want and need someone to care about us as much as we each need ways to care for others. Humanity is wired to love. Love is of course the theme around Valentines day, which happens to be the only official holiday we celebrate that is directly associated with a human emotion and the relationships we have with other people. But Love is so much more than just an emotion.

During the month of February JROL is going to dig a little deeper on this topic. How is it that if we talk with Love it is powerful enough to move mountains, but without love we are like a clanging gong? (Maybe you know someone who sounds like that gong?) How is it possible for everything else to pass away but Love to endure everything and never end?

(Maybe you have seen someone endure terrible situations because of love.) Do we understand the Love that God has for us? Do we grasp how to Love others through our actions?

I believe that I Corinthians 13 teach us that Love Validates and gives merit to everything we do, that in fact without love our actions are worthless, our words pointless, our lives empty.

Join us for worship in February as we learn to emulate the Love of Christ and put the stamp of validation on our lives.



serve

Sign up to help!
Look for the sign-up
sheets at the entrance
of the Narthex and the
Family Life Center.

sunday volunteers

Greeters arrive at worship service fifteen minutes early to welcome worshipers.

Lectors read the scripture lessons for the day at the 8:30 and 10:45 worship services.

Children's Church meets during 9:30 a.m. worship service in the sanctuary & 1st/2nd grade classroom. Volunteers read a Bible story to the children and supervise craft and play time.

Hosts buy or bake six to eight dozen cookies (no peanuts/nuts), and serve coffee and lemonade after the 9:30 contemporary and 10:45 traditional worship services. New Hope purchases three to five dozen cookies to also be served with the hosts' cookies. After fellowship time the hosts wash, dry, and put away the cookie platters, rinse out and dry the coffee canisters, and take the trash out to the trash bin. When you sign up to host, a letter from New Hope will be mailed to you before you host with instructions on how to host.

If you are interested in volunteering for any of these positions, please call Nancy Monthei, church secretary, at 278-2097.

Those who serve New Hope in February.

8:30am Traditional Service	9:30am Contemporary Service	10:45am Traditional Service
<u>Greeters</u> 2 Kathy Russi 9 16 23	<u>Greeters</u> 2 Steve & Liz Grow family 9 Clyde & Cindy Rail 16 23	<u>Greeters</u> 2 Steve & Norma Sutton 9 16 23
<u>Lectors</u> 2 Maurine Myers 9 Cathy Short 16 Vicki O'Brien 23 Cathy Short	<u>*Hosts</u> 2 Tony & Tracy Hoffman 9 Pam & Bill Gibbons 16 Kinney Carnahan 23 Larry & Paulette Wood	<u>Lectors</u> 2 Jon Verner 9 Billy Nuzum 16 Barb Mather 23
<u>Traditional Service Callers</u> 2 Norma Sutton 9 Mark & Leah Scherer 16 Norma Sutton 23 Mark & Leah Scherer	<u>Money Counters</u> 2 Clark Howland, Rick Homard, Larry Wood 9 Tony & Tracy Hoffman, Glenna Ross 16 DeVonne Douglas, Randy Jansen, Ron Zoss 23 Jerry Kielsmeier, Kim Traylor, Open	<u>*Hosts</u> 2 Linda & Jerry Kielsmeier 9 Lee Ross 16 Glenna Ross & DeVonne Douglas 23 Larry & Paulette Wood
<u>Contemporary Service Callers</u> 2 Rod & Lynette Cook 9 Mark & Susan Baldwin 16 Eldon Cross 23 Rod & Lynette Cook	<u>Pal Friday: 9 a.m.</u> 7 Shirley Johnson 14 Marilyn Monroe 21 Theresa Flickinger 28 Mary Drossel	

thank you for volunteering to help with the worship services. If something comes up and you have a conflict, please contact another church member to switch with you and call the church office with the changes (278-2097).



* Hosts...please note that several New Hoppers have peanut allergies. Therefore, please refrain from using peanut butter or any peanuts/nuts in your cookies. **THANK YOU!**

groups gathering together

Blood Pressure Check

New Hope is offering free Blood Pressure checks each month. **February 16, 9:30-11:00am** will be the next BP checks. Come to the Narthex after each worship service.

Men's Breakfast

Saturday, February 8 at 7:30 a.m. at New Hope.

Women's Fellowship

Thurs., February 20, 9am. If you have any questions, please contact Sharon Lewis at 254-1692.

Care Ministry Team

This team ministers to congregation members who have had new babies, have been in the hospital, have been ill or are dealing with grief. This team meets on a quarterly basis and will meet on **Thursday, April 10, 10am** at New Hope. If you would like to join the Care Ministry team, please contact Clarice Rubek or Mary Ann Rice.

New Hope Chancel Choir

Wednesdays @ 6:30 p.m. Join in the music ministry at New Hope. Questions? Contact Eldon Cross, Director of Music, elcatalia4@gmail.com or 515-250-1476.

Support Groups

Al-Anon

Every Tuesday at 9:30 a.m. in the Ruby Chapel.

Alcoholics Anonymous

Every Tuesday at Noon in the Ruby Chapel.

Stroke Club of Iowa

3rd Tuesday of the month (February - October) at 7 p.m.

Small Groups

Adult Sunday School

9:30 a.m. in the Ruby Chapel.

Friday Small Group meets the 2nd and 4th Friday of every month at the Corner Cafe (Address: 2731 100th St, Urbandale, IA 50322, Phone:(515) 868-0200) at 12 noon. Our Bible study is from the James W. Moore books. No preparation is needed on your part before we meet. We welcome anyone who would like to join us. If you have questions please call Linda Kielsmeier at 515-689-9680 or Jan Davisson at 515-251-4894.

2nd and 4th Saturdays of the month at 4pm. Childcare is provided. Contact Sherri & Nick Bogue, boguesa@gmail.com with questions.



New Hope Needlers - Monthly Gatherings

The New Hope Needlers plan to meet on **Monday, Feb 10th at 11:30 at Panera** in Johnston for lunch, then sewing from 1- 4 pm at Kim Buske's. Any sewers are welcome to join for one or both parts of the day. Questions? Call Kim at 515-334-5448.

Yoga

Take some time for yourself and join us every Tuesday at 5:30pm, through February 25 in the Family Life Center. \$5 per session. Please bring the correct cash or a check written out to New Hope UMC.

Yoga will be led by New Hoper, Karen Campell. Karen is a licensed Yoga instructor. Invite your friends, co-workers, family, neighbors, etc.



confirmation schedule

February 9, 3:30 p.m.

Topic: "Living Our Commitment"

February 23, 4:00 p.m.

Topic: "The Life, Death, and Resurrection of Jesus"



missions

February Mission News

Thanks to Rev. Lee Schott for speaking January 5th. As a result of learning about how important a Re-entry team is, we have a new team of five. If there are more that want to participate in this great mission, we will leave the sign-up on the Mission Table through February.



February we will focus on our covenant relationship with Missionary Dr. Emmanuel Mefor, head of the Mutare regional hospital in Zimbabwe. Dr. Mefor is responsible for coordinating care of the hospital, staff, and health concerns of the whole regional area. Florence is a Midwife/nurse and often assists in surgery with Dr. Mefor. She also has a program to reduce infant mortality in that she brings in pregnant mothers toward their last months of pregnancy for special care. This includes a feeding program, education, and overall health care. After the birth, Florence goes into the villages and does after care. Dr. Mefor also visits surgical and other patients. Their lives are very busy and involve long hours. Because of their care, people in their region have reduced malaria deaths by 60%. Infant mortality has also been reduced by

about the same percentage.

We will be renewing our covenant agreement with them for another year. This includes at least \$2,500. They often have special needs like equipment, and surgical supplies. **If anyone wants to donate to the mission of Dr. and Mrs. Mefor, they can put a check in the plate with missionary on the memo line.** Thank you.

We had a great planning session with the children and youth ministries leaders, so expect some fun and interesting events ahead.

If you would like to **join the Mission Committee**, please Sharon Smith: 277-7125. Regular meetings are held on Wednesday nights at 5:30: March, June, September, and November.

Hand of Luke

Friday, February 14

Pizza Casserole

Garlic Bread, Tossed Salad

Decorated Cup Cakes

If you would like to contribute to our ministry by making food donations, please sign up in the Fellowship Hall. Confirmation Class will cook & serve for February.

Cooks meet at the church between 3:00-3:30pm. Servers transport the food to the Central Iowa Shelter & Services at 5:30pm and return by 8:00pm.

When dropping off your non perishables, please see that they are **clearly labeled HOL and clearly indicate who it is from** and leave them on the kitchen counter. Frozen items may be placed in the new industrial freezer, on the upper two left shelves. If possible, please indicate on the sign up sheet where you placed your item(s) (for example, "in pantry", or "in the refrig."). Baked goods should be transferred to a disposable container if possible. THANK YOU!!!

Food Pantry Needs

Canned chicken, peanut butter, dry beans such as pinto beans, canned beans (but not pork & beans), canned fruit in its own juice, no salt added vegetables, no sugar added spaghetti sauce, whole grain pasta, and whole wheat spaghetti. DMARC is trying to give out healthier foods. They do not need any green beans--they have a lot of them in their warehouse.

Please place your items in the Food Pantry basket in the Mission corner of the F.Hall.

Note: The Des Moines Area Religious Council moved. Their new address is 1435 Mulberry, Des Moines, IA.

Mission's Year End Report: 2013 (shown in Rainbow Covenant areas)

The following list includes monetary and in-kind gifts donated through the Mission Fund, Women's Fellowship, T.G.I.W., Youth groups, CLT, Hand of Luke, Mission Apportionments and Special Offerings.

RED: *(International Advance Special Projects)*

Imagine No Malaria:	\$2,602.00
Self Help International	1,000.00
PET Personal Energy Transportation:	1,000.00

ORANGE: *(United States Advance Special Projects)*

Red Bird Mission	250.00
McCurdy Mission School	500.00
Red bird Mission School	550.00
Red Bird Mission School box tops for education:	215.70

YELLOW: *(United Methodist Committee on Relief)*

U.S. Disaster Response	360.00
Disaster Response Tornado Oklahoma:	1,035.00
Disaster Response typhoons Phillipines:	200.00
UNICEF:	120.15
Church World Service Blankets and Tools (Missions and Sunday School)	1,000.00
Ingathering Kits and shipping:	1,175.00

GREEN: *(International Hunger/Poverty Projects)*

Heifer International:	5,025.00
DMARC + Urbandale and Johnston Food Pantry	14,821.32
Meals from the Heartland	5,726.00
Johnston Partnership back packs:	799.00

BLUE: *(Iowa Advance Special Projects)*

Iowa Nigeria Partnership (Artemesia Seeds,)	1,000.00
Bidwell Riverside (Missions, Women's Fellowship)	50.00
Conference socks and underwear	196.24
New Directions/Hawthorn Hill (Missions, Women's Fellowship)	600.00
CFUM	800.00
Epworth Project (Slidell)	500.00
Hand of Luke	9,000.00
Habitat for Humanity	781.56

INDIGO: *(Parish Development Projects)*

Trinity UMC	1,500.00
Las Americas	500.00
Women at the Well Prison Ministry	500.00

PURPLE: *(Special Sunday Offerings)*

THIRD MILE GIVING: Missionary Covenant, Emmanuel Mefor:	1,813.00
Drake University Wesley Foundation:	2,500.00
Camp Wesley Woods scholarships:	500.00
	1,510.25

OTHER GIVING NOT RAINBOW COVENANT ELIGIBLE ITEMS:

Mission Apportionments (Part of 1 st mile giving)	1,986.60
Angel Tree	1,000.00
JROL in-kind gifts to Johnston Partnership and Camp Dodge:	
Smile Train:	86.32
Susan G. Komen:	390.00
Women's Fellowship to Goodwill:	100.00
Women's Fellowship to YESS:	600.00
Women's Fellowship to Beacon of Life:	500.00
JROL monetary and in-kind community giving:	<u>12,000.00</u>

TOTAL: **\$74,792.54**

Capital Improvements

The Board of Trustees have a number of high dollar repairs that need to be accomplished, hopefully, in 2014. These projects are - repair cracks in parking lot, shingle all or part of roof over the offices of the church, Parsonage furnace, repair concrete portion of parking lot, cracks in dry wall (various places), parsonage needs to be determined at a later date. We are actively seeking bids for these projects. All of these projects have been on hold for three to five years!

I am asking for donations for Capital Improvements. Please consider when you consider donating to New Hope UMC. Print Capital Improvement on the memo line of your check. The intent is to create consistent donations to this line item so we can move forward with these projects when there is enough money accrued without having to go to the congregation for the money.

Thank you very much for your consideration!

John Rains, Chair - Board of Trustees

New Hope Financial Update

Below is the General Fund operating budget report for December 2013 compared to our 2013 budget and December 2012

	Dec 2013 Actual	Dec 2013 Budget	Dec 2012 Actual
Total Receipts	42,093.54	32,167.63	37,089.36
Total Expenditures	42,961.13	37,824.64	37,827.39
Net Surplus (Deficit)	(867.59)	(5,657.01)	(738.03)

	YTD Dec 2013 Actual	YTD Dec 2013 Budget	YTD Dec 2012 Actual
Total Receipts	344,459.31	312,225.00	326,109.92
Total Expenditures	372,914.32	380,339.72	344,662.87
Net Surplus (Deficit)	(28,455.01)	(68,114.72)	(18,552.95)

Sunday morning Worship attendance

	8:30	9:30	10:45	total
Dec 22	12	40	43	95
Dec 29	25	56	74	155
Jan 5	25	77	75	177
Jan 12	30	133	93	256
Jan 19	29	93	87	209
Jan 26	30	90	85	205

River of Life Worship Attendance

	Sat	Sun	total
Dec 21	49	Dec 22 21	70
Dec 28	40	Dec 29 50	90
Jan 4	52	Jan 5 43	95
Jan 11	51	Jan 12 46	97
Jan 18	65	Jan 19 32	97
Jan 25	50	Jan 26 46	96

Newsletter: Please let us know that we can email you The LINK, or you will pick up THE LINK from church. Thank you for helping us save a tree and also save on our expenses. If you haven't already, please contact the church office to let us know how you would like to receive your newsletter.

Friday Email Announcements: New Hope UMC sends out a weekly email with upcoming announcements. If you have not been receiving the email, please let us know! Please send an email to nhfamily@newhopedsm.org and we will add you to the distribution list.

Enjoy the Convenience of Electronic Giving

Donate

New Hope wants to remind you that we offer electronic giving as a way to automate your offering.

To setup online Giving go to www.newhopedsm.org OR www.johnstonriveroflife.org and click on the donate button. This will direct you securely to set up an automatic donation plan, change your donation plan, make a one-time donation or view your online donation history. Changes can be made confidentially at any time. Or if you like, paper authorization forms are located on the table in fellowship hall. Please contact the church office for additional information.

If you decide to give electronically, please feel free to pick up a card that says "I give electronically" to put in the offering plate if you would like to participate in the offertory.

february

2014
AT NEW HOPE

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

WORSHIP SERVICES New Hope UMC Sunday mornings: 8:30, 9:30, 10:45 Johnston River of Life 5pm Saturdays and 10am Sundays at Beaver Creek Elementary in Johnston						1
2 Holy Communion Noon, Compassionate Callers 3p, Sr. BLAST 4p, New Member Class	3 9a-Noon Office Vol: Jan Davisson 10:15a, Women's Bible Study 4p, Children's Ministry Mtg 6:30p, Women's Bible Study 7:00p, Trustees Mtg	4 9:30a, Alanon Noon, AA 5:30p, Yoga 6:30p, Prayer Shawl/ Knitting	5 5:30p, TGIW/Meal 6p, Small Group, R.Chpl 6p, Sr. BLAST mission mtg. 6:00p, Youth Groups 6:30p, Bells 6:30p, Chancel Choir 7:15p, Puppets 7:45p, Praise Team	6	7 Office Vol: Shirley Johnson Noon, Small Group at Cindy's Corner Café, Urbandale 7-9p, Boy Scouts	8 7:30a, Men's Breakfast 10a-5p, Fellowship Hall reserved
9 Boy Scout Sunday Noon, Sr. BLAST mission trip info. mtg. 3:30p, Confirmation Class 6:00p, Sweethearts Dinner	10 10:15a, Women's Bible Study 11:30a, Needlers @ Panera and then to Kim Buske's 6:30p, Women's Bible Study	11 9:30a, Alanon Noon, AA 5:30p, Yoga	12 5:30p, TGIW/Meal Family Night 6p, Small Group, R.Chpl 6:00p, Youth Groups 6:30p, Chancel Choir 7:15p, Puppets 7:30p, Seasonal Choir 7:45p, Praise Team	13	14 Office Vol: Marilyn Monroe Noon, Small Group at Cindy's Corner Café, Urbandale 3:30p, Hand of Luke 7-9p, Boy Scouts 	15 March LINK deadline 5p, New Member class & worship at JROL
16 9:30-11a, Blood Pressure Food Pantry Sunday Noon, "Ask the Pastor"	17 10:15a, Women's Bible Study 6:30p, Women's Bible Study	18 9:30a, Alanon Noon, AA 5:30p, Yoga 7:00p, Stroke Club 7:00p, Finance Meeting	19 5:30p, TGIW/Meal 6p, Small Group, R.Chpl 6:00p, Youth Groups 6:30p, Bells 6:30p, Chancel Choir 7:15p, Puppets 7:30p, Seasonal Choir 7:45p, Praise Team	20 9:00a, Women's Fellowship meeting at New Hope	21 Office Vol: Theresa Flickinger 7-9p, Boy Scouts 10p, Dysart youth overnight at New Hope	22 4-9:30pm, FLC reserved
23 Pie Sales after each service at New Hope Noon, Gwen Dann baptism 4p, Confirmation Class	24 10:15a, Women's Bible Study 6:30p, Women's Bible Study	25 9:30a, Sr. Singers practice 9:30a, Alanon Noon, AA 5:30p, Yoga 7:00p, AD Council	26 5:30p, TGIW/Meal 6p, Small Group, R.Chpl 6:00p, Youth Groups 6:30p, Bells 6:30p, Chancel Choir 7:15p, Puppets 7:30p, Seasonal Choir 7:45p, Praise Team	27 6:30p, Book Club, Ruby Chapel	28 Office Vol: Mary Drossel Noon, Small Group at Cindy's Corner Café, Urbandale 7-9p, Boy Scouts Sr. Blast lock in	Mar. 1

Happy Birthday to you!!

"May God's many blessings, be yours the year through."

- | | |
|---------------------------------------|--|
| 1 Judy Peterson, Nicole Weisskopf | 16 Scott Rowland, Corey Miller |
| 2 Kay Goff, Wendy Musgrave | 17 Bob Conroy, Ruth Eckles, |
| 3 Ron Rubek, Erika Weih | Vicki Hover-Williamson |
| 5 Dawn Pritchard, Cody Zoss, Kye Notz | 18 Ava Henry, Hugh Myers, Kaitlyn Grow, |
| 6 Dale Monthei, Linda Kielszmeier, | Linda Sesker, Michael Gerovac |
| Penny Dolberg | 19 Susan Egger, Dan Wilmoth, |
| 7 Sandy Wilges | Heather Kerndt, Makenna Meyer |
| 8 Jacob Naumann | 20 Kim Trillet, Bradley Church, Jessica |
| 9 Barb Conrad, Freda Ruleman, | Hass, Derek Marsh, Courtney LePera |
| Delanee Ensley, Jaden Miller, | 21 Jeff Balk |
| Benjamin Higdon | 22 John Michael Dickerson, Kristi Mundy, |
| 10 Clark Howland | Nathan Roff, Julie Hartung |
| 11 Steve Sutton, Evelyne Villines, | 23 Lyle Pritchard, Jeff Evans |
| Max Notz, Grayson Wigant | 24 Marte Carlson, Gina Frizzell, |
| 14 Sheryl Faulkner | Amanda Ickowitz |
| 15 Shirley Curtis | 25 Earl Lewis |
| | 27 Avery Peterson, Clarissa Short, |
| | Kinney Carnahan |
| | 28 John Huber, |
| | 29 Doris Pugh |

Looking Ahead:

Mar. 5: Ash Wednesday, 6pm Pancakes, 7pm Service
 Mar. 9: Daylight Savings Time begins; Girl Scout Sunday
 Mar. 12: Family Beach Party, 5:30-7:30pm
 Mar. 30, Apr. 6 & 13: Ray Pugh Institute of New Hope
 May 1, 2, 3: Rummage Sale
 July 13-17, VBS



Happy Anniversary!

- 1: Dean & Judy Peterson
- 9: Ron & Clarice Rubek
- 24: Larry & Kim Buske
- 24: David & Carole Followwill
- 27: Robin & Jolene Harlow
- 28: Clark & Le Howland

If you see that your name is not listed, please call the church office at 278-2097, or email at nhfamily@newhopedsm.org, so we can update our files.

Winter Blahs

“Do your best to come to me soon, for Demas, in love with this present age, has deserted me.... Only Luke is with me.....Do your best to come before winter.” (II Timothy 4:9, 11, 21)

Winter is a tough season for a lot of folks. Some, especially the elderly, are often stuck inside for long periods of time because of the winter weather. Others get the “blahs” or even suffer from some depression because of the long nights, short days and often overcast skies. Some may even suffer from Seasonal Affective Disorder, which affects 3% of the population. Some of the 6.7% of Americans who suffer depression year round find their symptoms worsen during the winter. *(This information comes from WebMD, which also had some suggestions for dealing with the winter “blahs.”)* Suggestions on how to deal with all of this range all the way from checking with your doctor if the depression is severe enough, to “light therapy,” to talking to others, to watching what you eat, to getting regular exercise, whether outdoor or indoors.

I know another person who went through the “winter blahs,” but for a very good reason. He was in prison at the time and a lot of his friends were abandoning him. As he sits in prison, waiting for the winter to come, he writes to an old friend and colleague, asking for his help and for him to come and visit:

“I need my cloak. I must have left it at the home of Carpus. If you could bring it, that would be great, for I think I’m going to need it for the winter season here.

I also need the books. You remember them. The ones I read when were on board ship, and also when we were on the road.

I also very much need the parchments, the scrolls of the Psalm, and the prophets, and Solomon’s wisdom.

But most especially Timothy, I need you. Please come before winter, because if you don’t, you won’t be able to make it until spring, because of the winter storms at sea. I really need you come and to bring Mark with you, because only Luke is now with me.”

This is Paul who is pleading for Timothy to come. Paul was trying as best he could to prepare for the winter season, and he knew he needed people around him to help him get through. Paul is actually in a dungeon, and this may well have been his last imprisonment before he received the sentence of death from the Roman Empire. Winter is a tough season for a lot of us, but we probably aren’t going to endure all that Paul had to endure. And he also found some ways to cope through the help of his faith and his friends.

My sermon series in February will be entitled “Cabin Fever.” We will explore some ways in which we might be able to cope with the “winter blahs.”



“Cabin Fever” Sermons at New Hope UMC

February 2: “The Exterior: Identify” Matthew 5:1-12, Holy Communion

February 9: “The Fireplace: Love” I Corinthians 13, Boy Scout Sunday

February 16: “The Windows: Light” Luke 2:22-32

February 23: “The Door: From Inside to Out” Matthew 5:13-16

March 2: “Winter Storm: Perseverance” James 1:7-16



Sunday Worship Services at New Hope

- 8:30am Traditional Service
- 9:30am Contemporary Service
- 10:45am Traditional Service

Johnston River of Life Casual Worship Services

Currently meeting at Beaver Creek Elementary,
8701 Lyndhurst Drive, Johnston

- Saturdays at 5:00 pm
- Sundays at 10am

Serve God | Love Others | Follow Jesus

www.newhopedsm.org • www.johnstonriveroflife.org

Church Staff

Pastor: Neil H. Cross
Outreach Pastor: Craig Ferguson
Director of Music: Eldon Cross
Children's Ministries Coordinator: Sarah Jacobson
Office Administrator: Nancy Monthei
Nursery Attendant: Tamara Evans
Custodian: Chuck VanDyke

Church Office Hours

Mon–Fri: 8:00am - 4:30pm

E-mail Information

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find us on facebook!

Visit the website to find our facebook link.

The Link newsletter is a monthly publication.
Editor: Nancy Monthei, Reporters: New Hope Church family
Please contact the church office at 278-2097 if you have a change in address or would like to be taken off the LINK mailing list.

the link
New Hope United Methodist Church
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