

RUMMAGE SALE

Mark your calendar!

The 2023 Rummage Sale dates are: **July 27 (12-6pm), July 28 (9am-6pm)
and July 29 (9am-12pm)!**

Please help us get the word out about our sale! When we post on Facebook, please share our posts with your friends!

Donation Days-

Sunday, July 23! You can donate items from the conclusion of services - 7pm.

Monday, July 24! You can donate items from 9am-1pm.

We ask that you get your donations ready before bringing them in!

Please sort your things into like kinds - men's clothing together, shoes together, kitchenware together, etc... this will REALLY help our volunteers when it comes time to get the donations ready for display. We truly appreciate your help with this, it saves many hours of time for our volunteers!

Our Rummage Sale has a great reputation in the community for having high quality, gently used items!

Please help us keep our good reputation by insuring your donations are free from damage and in clean, working order when donated.

Do you have an item you aren't sure we will accept?

When in doubt, check this out:

Have something not on this list that you are questioning? Feel free to reach out to Jackie with your questions!

No mattresses
No tube style TVs
No hide-a-bed sofas
No car seats
No stuffed animals
No Christmas trees



Thank you in advance for your amazing donations! Our sale would not exist without the generosity of our congregation year after year.

Each and every donation is appreciated and blesses not only our church (by providing financial support for our missions and ministries) but our community is blessed as well!

Questions or comments? Please contact Jackie at [jackiejohnson81@aol.com/\(515\)710-3239](mailto:jackiejohnson81@aol.com/(515)710-3239)



As our nation prepares to celebrate its independence, we praise God for the freedom to gather for worship.



Prayer Chain Request

If you have a prayer chain request, please call Mary Ann

Our Prayers for ~

(Please call the church office if you or your loved one want to be taken off the list.)

Healing from Cancer:

Barb Agan, Evette Burton, David Ruleman, Skylar Freeman, Mary Textor, Johan Gallo, Johnny Johnson, Jason Sloss, Julie Mericle, Jessica Smith

Healing from Physical Issues:

Mark Baldwin, Sharon Smith, Brenda McConahay, Marilyn Goodrich, Chris Bammerlin, Freda Ruleman, Dick Cobb, Jim Mather, Jon Gurnsey, Alexandria Cooley, Larry Hulse, Karen Novotny, Jack Habick, Theresa Faber, Phillip DeMarco

Those Who Are in Rehabilitation and Nursing Care:

Jan Davisson, Gayle Easton, Vicki Ealy, Bob Krause

Military:

Devan Stanton, Hunter Schmidt, Joshua Ruleman, Rece Haugland, Jacob Gerlach, Brycen Gerlach

Sympathy

Our Sympathy to David & Dawn Bachelder on the passing of David's mother, Joyce Bachelder.

Wedding

Congratulations to Zach McClain and Bailey Crow on their June 24th wedding. Zach is the son of Kevin & Julie McClain.

Baptism

Congratulations to Reagan Allen Nearmyer who was baptized on June 11th. Reagan is the son of Tyler & McKayla Nearmyer and little brother to Theo.

Thank You

New Hope Family,

Thank you for your thoughts and prayers during the passing of David's mom. We are comforted knowing she is with our Lord and walking among the angels.

David & Vicki O'Brien

When we moved to Des Moines to be closer to our grandchildren nine years ago, I left decades of memories behind at our "home" church in Creston. Only to find a "new home church" in our neighborhood. So many of you have been so welcoming to Randy & I and you will never know how appreciated you are especially after the last three months during my recovery from total right knee replacement. It has been a tough recovery and I sincerely thank all of you for your prayers, gifts and calls. It has been wonderful to see your faces over the last few weeks. Again, thank you so much for your love & prayers.

Marilyn Goodrich

A big thanks to New Hoppers for being such wonderful caretakers after my back surgery, for meals, rides, cards, & especially prayers.

New Hope, you exemplify Christ's compassion!

Sharon Smith



Welcome to our New Member ~ Wendy Zadeh

Wendy comes to New Hope UMC by transfer from The Bridge. She and her husband, Farhad, have two children, Hannah and Cyrus. Dr. Wendy, MD, works at Broadlawns Medical Center. She is also the drummer in our 9:30 Praise Band.

Wendy is pictured with Pastor Lilian and Patrice Webber, Lay Leader.



We are so excited to welcome back our veteran volunteers and would also love to have some new hands on deck this year!

Signup sheets are in the main hallway, or you are welcome to just email Jackie with your availability.

We have need for volunteers Sunday, July 23rd-Saturday, July 29th

Some areas of greatest need are:

Cashiers for Thursday - We need 4 teams of checkers/sackers (8 people) to work Thursday, particularly in the first 3 hours of our Sale (from 12-3pm).**Cashiers will be handling money and need to be comfortable making change.**

Jewelry Counter - The jewelry counter has it's own check out and we need at least one person there during our open hours.

Home Décor - This area does not have an area leader to oversee at this time. If you have a significant amount of time to give, this might be the job for you!

Saturday Clean Up - If you aren't available during the week, but would like to contribute PLEASE consider volunteering to help us box up all of the leftovers to be donated. This takes A LOT of time and by the end of the week our usual team is tired. Assistance with this would be greatly appreciated!

If you want to volunteer for any of these roles or find out more information, please let Jackie know or signup on the sheets in the hall and we will be in touch.

Since we are hosting the sale in the summer, it would be great to get some of our New Hope young people help as their schedules allow!

We ask that you prayerfully consider how you can help support this undertaking. Whether you have one hour to give or want to spend 40 with us, we appreciate the gift of your time!

Please contact Jackie at [\(515\)710-3239](mailto:jackiejohnson81@aol.com)

Women United in Faith are having a potluck luncheon on **Thursday, July 20**
at 11:30a.

All women of the church are welcome to attend!!

Please bring a dish to share. No RSVP is necessary.

Questions? Contact Glenna Ross, 515-321-3010.

We look forward to having each of you join us.



Many thanks for the *stellar* support of our VBS efforts for this year!



We have enough volunteers to cover every position and we are excited to BLAST off for our mission to Shine Jesus' Light soon!

As of writing this, we have 36 kids signed up to attend and there are SPACE for more.

If you have a friend or neighbor, it isn't too late to get them registered!

Sign up here: <https://forms.gle/wok4BxV3B84d49ud7>

Please bring in your paper towel and toilet paper tubes to be used for VBS.

Please place them at the box in the *Welcome Center* through July 9th.



**Join us during the 9:30 service
Sunday, July 16th
for VBS Celebration Sunday!**

If you participated, volunteered, or purchased a VBS shirt in support of our VBS ministry - please wear your shirt to service that day.

The children will share music they learned during the week and there will be a special VBS themed Sunday School session for children ages PreK-8th grade to complete day 5 of our Stellar curriculum.

We are excited to celebrate a STELLAR week of VBS wrapping up! Even the fellowship treats will be out-of-this world!

Children's Worship

Join us this summer on the first Sunday of each month for Children's Worship!

We will be meeting during the 10:45 service in the Family Life Center.

This will be a time for the youngest members of our congregation to have their own church service.

We will have prayer time and a message, sing, our own offering, craft time and a snack.

Children's Worship is appropriate for children in PreK and up.

We hope your children will join us on July 2nd and August 6th!!

For the 9:30 service each Sunday this summer, children are welcome to join Jackie at the children's table in the back for coloring and activities. There will also continue to be a dedicated Children's Time during worship weekly throughout the summer.

A staffed nursery is available during the 8:30 and 9:30 services weekly for children from birth to age 4.

Pictured: Macy and Carsyn Berry



It might be summer, but that doesn't mean we aren't thinking about this fall at New Hope!

If you have an interest in volunteering with the children and/or youth in our church, we would love to have you!

We know we will be looking for adult volunteers to help with the following things this fall:

Sunday School Teaching Teams
TGIW Mid-week Meetup Helpers
Meal Volunteers- one time or once per month September-May
Jr. BLAST Leaders

If any of these things sound like something you have an interest in helping with, Jackie would love to sit down with you to answer any questions you may have to help find which area would be the best fit for you.

Please call or email with interest: jackie@newhopedsm.org/(515)710-3239.

Sr. BLAST ~ 9th - 12th graders (BLAST@NewHopeDSM.org):

Chris Higdon, Pam Frey, McKayla Nearmyer, Brianna Johnson, Arianna Bernal and Amanda Soards

In June, the BLAST group completed their Staycation mission trip here in Des Moines. This year they helped Bidwell Riverside food pantry, the Beacon in Des Moines and served a meal at Central Iowa Shelter & Services. The team was able to help Bidwell Riverside Food Pantry stock shelves, unload food from pallets, and help customers shop for food and products. It was a great way to give back to an organization that has its roots in our United Methodist history.



The team also had the opportunity to cook two meals for two different organization. The first meal was delivered to The Beacon, which is an Iowa-based residential home for women in crisis. The team learned about their mission and their 6-month program to help women get back on their feet and start a new life. Additionally, the team cooked and served the Hand of Luke meal for the month of June.



However, it wouldn't be a New Hope Youth Mission trip with out stopping for Ice Cream and having a little friendly competition while playing mini golf. Who knew that Pastor Lilian was good at golfing?



The New Hope BLAST group would like to thank everyone that helped support our group this year and allowed us to have a great Staycation Mission Trip here in Des Moines this year. Thank You!

We had a great New Hope family night at the ballpark on Friday, June 23rd!

The weather was warm, but our seats were in the shade right behind home plate.

Thank you to everyone that joined us this year!



The New Hope Nursery is looking for help!

If you enjoy working with kids ages 4 and under and would like to spend 2 to 3 Sundays per month (during the 8:30 and 9:30 services) in the nursery getting paid to play, please reach out to Sue Soards via email: srsoards@gmail.com for more information or to submit a completed application.

Access the application here:

https://drive.google.com/file/d/1cBLhW9TIlppRluQJYQ_adqu4EQJuvgtW/view?usp=sharing

Prior to employment, a background check will be completed.

Blood Pressure Check
Next check is on **July 2nd**,
9:30am-11am in the Narthex.

Support Groups

Al-Anon

Every Tuesday at 9:30 a.m. in the Ruby Chapel.

Alcoholics Anonymous

Every Tuesday at Noon in the Ruby Chapel.

Stroke Club of Iowa

3rd Tuesday of the month
(April - September) at 7 p.m.
Questions? Contact Sue Toale
Knapp, 515-255-0366,
stktel1@gmail.com.
Online support group:
<http://www.strokenetwork.org/>



Care Ministry Team

The Care Ministry meets quarterly. Next meeting is on **Thurs., September 7th at 10am in the Fellowship Hall.** This team ministers to congregation members who have had new babies, have been in the hospital, have been ill or are dealing with grief. This team meets on a quarterly basis.

If you would like to join the Care Ministry team, please contact Clarice Rubek or Mary Ann Rice.

Men's Fellowship will not meet in July.
Watch for updates!

ADULT Sunday School

Join us!

9:30 a.m. in the Ruby Chapel using "Wired Word" curriculum.

Bible Study ~ "Signs and Wonders"

Will not meet in July.

Our 3rd Thursday 7:00 p.m. Bible Study at Banny's home will meet on **August 17th** with Dr. Levine's "Signs and Wonders: The Miracles of Jesus". Please contact Pastor Lilian if you plan to attend and to receive the book, Lilian@newhopedsm.org.

New Hope Needlers

The Needlers sewing group will meet on **Friday, July 14th from 9:00 am - 3:00 pm** in the north classroom.
We lunch at Panera in Johnston.

Our group makes lap quilts for the NHUMC Care Team. Please bring your own quilt project.

We sew Little Dresses and Little Britches for our overseas missions. Kits for dresses and britches are provided.

We also sew components for Days for Girls feminine hygiene kits.

Bring your sewing machine and needed supplies of scissors, pins and thread, or use one of the two sewing machines from the church closet and join us for a day of stitching and fellowship. If you don't sew, we'd appreciate your help with tasks, such as cutting ribbon lengths and inserting those ribbons into drawstring bags.

Questions: Contact Diane Densmore, 515-270-1974 or Jody Rains, 515-278-8282



Young ladies modeling our Little Dresses at the Land of Hope mission in Zambia, sponsored by the St. Charles Iowa Baptist Church.



United
Women
in Faith

On Thursday, July 20th, 11:30 a.m., United Women of Faith will be hosting a potluck luncheon for all women of the church. Please come and enjoy time with members and friends.

Questions? Contact Susan Clark, 515-964-5119, suespruce@aol.com.



Chair Yoga & Fitness

Every Monday and Wednesday at 9:30 a.m., join us for Chair Yoga & Fitness (no fee).

This is a gentle yoga & fitness that is done while you are seated on a chair. It's a 30-45 minute session.

The instructors are from Youtube videos.

Please meet in the Fellowship Hall.

This is for anyone and any age.

Thank you to those that spruced up our kitchens on June 6th:
Armenta, Diane, DeVonne, Glenna and Jenn!
Always a good time for fellowship.
We are blessed at New Hope!
Pam Frey



Ice Cream Social and Prayer Garden Blessing

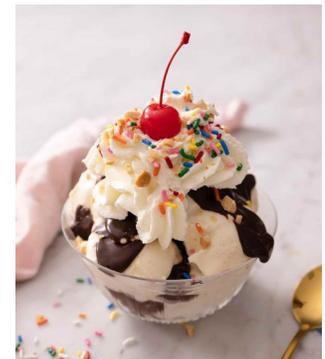
Sunday, August 6th at 2pm – 3pm
New Hope Parking Lot

Please invite your friends and neighbors and join us for an Ice Cream Social!!

Enjoy the opportunity to meet and mingle with your Church family and community.

The beautiful courtyard will be celebrated with a new name of “Prayer Garden”. Pastor Lilian will give a special blessing at 2:30 p.m.

Regular and non-dairy ice cream will be available.



MISSION NEWS ~ Marilyn Osborn, Chair of Mission Committee

YOU MAKE A DIFFERENCE IN THE LIVES OF OTHERS



Time for Camp!! New Hope now has **eight** youth signed up for camps this summer! Make sure you get your child registered for camp this summer! Missions will cover ½ or up to \$200 for each registration. We want as many as possible to attend our United Methodist camp at Wesley Woods where they will experience nature and Christ in new ways. Check on-line at: www.iaumc.org/camps. Choose the camp, then call the Registrar at 800-765-1651 – with the information, telling her that New Hope will pay ½ or up to \$200. Then, email Nancy at the church at nancy@newhopedsm.org to give her the same information.



Free Little Food Pantry ~ The need for food continues to grow in our community. If we all bring one non-perishable food item each week to put on our pantry shelf, we can continue to take 30 food items per week to the Free Little Food Pantry in our Meredith Drive community. **Please no opened boxes or expired items. Canned fruit in light syrup is preferred.** The food placed in the Free Little Food Pantry stays on the shelf for less than 3 hours because the need is so great. Only non-perishable foods and no expired food products. **Remember to sign up for a Monday** to take the 30 food items to the **Free Little Food Pantry located between 51st and 52nd Streets north of Meredith Drive.** There is a clipboard with the sign-up sheet on the pantry shelf by our Welcome Center. If you have any questions, please contact Jolene Harlow-515-490-8813 or email at rdharlow@earthlink.net

Fill the Red Barrel: Contributing to the red barrel is as easy as buying a few extra cans of food while you shop and bringing them to church with you. All food and personal care items collected by the Red Barrel Program goes to the DMARC Food Pantry Network. For a list of most needed items, please click on: <https://www.dmarcunited.org>. If you would rather give a monetary donation, please make your check out to New Hope UMC and include “Food Pantry” in the memo line and place your check with the offering.

Grain Bin: When the Grain Bin is full, the donations will be given to Johnston Partnership, Bidwell Riverside and the Urbandale Food Pantry, on a rotation schedule.

In 2023 monthly donations will be given to: Families Forward (formerly Bidwell Riverside), Missionary Dr. Mefor, Urbandale Food Pantry, DMARC Food Bank, Women at the Well, African Immigrant and Refugee Transition Services (AIRTS), and Johnston Partnership.

July 1, 2023, Bidwell Riverside Center and Hawthorn Hill will officially merge into **Families Forward**, an organization where the original four programs – Bidwell Pantry, Child Development Center, New Directions Shelter and The Home Connection – work together to provide compassionate, life-changing assistance to families and their path to



Thank you to everyone who put a leaf on the “In Mission Together” tree. The tree has many leaves which demonstrates the support of the New Hope congregation to the missions of our church which include: Hand of Luke, Free Little Food Pantry, Grain Bin, Johnston Partnership, Food Pantries/Red Barrel, Bidwell Riverside, Meals from the

Heartland, Special Sunday Offerings, Rummage Sale, New Hope Needlers, Care Ministry, Veterans Helping Veterans, United Women in Faith, Trunk or Treat, Easter Egg Hunt, Card Ministry and many more!



A grand opening was held on June 17th at the Midwest Mission in Jefferson, Iowa. Charlene Cobb and Marilyn Osborn attended and participated in the packaging of rice meals and working on the loom to weave sleeping mats out of plastic bags. It takes 472 bags to make a sleeping mat. The Midwest Mission is open to

volunteers Monday – Friday 8:30 am – 4pm and Saturday 9am – 12pm. Reservations are required and space is limited to 20 volunteers per shift per day. For more information: midwestmission.org/iowa and they are located at 219 N Chestnut Street, Jefferson, IA. 50129 - 515-386-2236.

Perhaps New Hope members can make a trip to Jefferson to volunteer. Let Marilyn Osborn know if you are interested: gomoosborn@gmail.com or 515-480-4986.



Hand of Luke ~ Friday, July 14th

This is our monthly ministry of preparing a meal for the Central Iowa Shelter and Services. Patrice Webber and Arlene Dabill lead this ministry. We are continuing to utilize your monetary donations to purchase the majority of the food for the monthly meal. Your donations are greatly appreciated!

The menu for July will be ham/rice/vegetable casserole, fruit cocktail, dinner rolls, bars and cookies.

Members of the Filipino Society will be serving at the shelter this month.

Other volunteers are needed to cook the meal, transport the food, and donate cookies or bars of your choice (no peanut butter or nuts, please). Please bring cookies and bars in containers that do not need to be returned.

If you are interested in this opportunity, you may sign up using the following link:

<https://www.signupgenius.com/go/30E044DACA722A4FE3-holfriday2>

You may also contact Arlene Dabill at dabill49@aol.com or (515) 321-2059 to volunteer.

Volunteer Appreciation Brunch was held on June 4th ~ Sunday School and Thank God It's Wednesday (TGIW). Thank you for the delicious food and lovely gift.



East Entrance Addition ~ Financial Update

Donations of \$1,150 have been received in the month of June (as of 06/30/23) to pay down our principal balance. We continue to make our monthly P&I payment to reduce our liability. As of June 30th, \$83,197.66 has been donated. This results in a current loan balance of \$47,240.60.

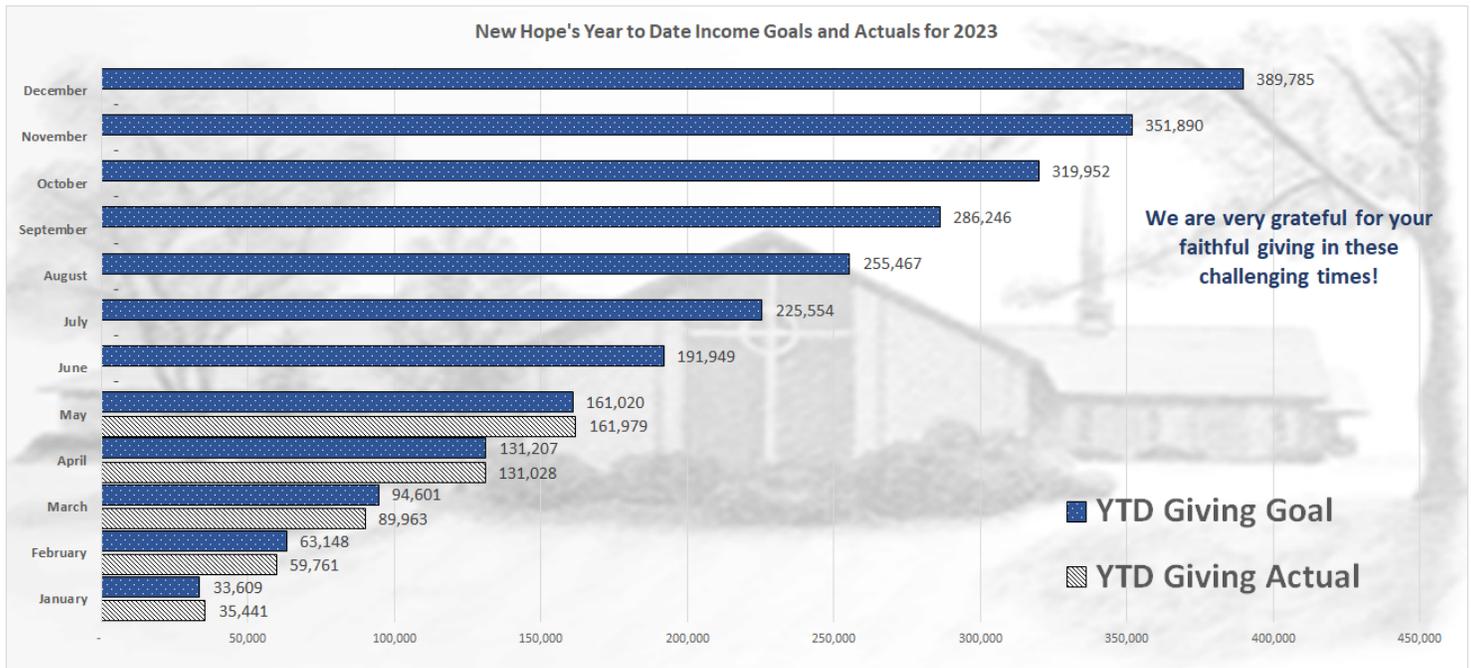
We appreciate all of you who have made monthly pledges to this project until fully paid. All of your donations, regardless the amount, was and is, greatly appreciated!

When donating to this project always write in the memo line of your check "East Entrance Addition". Thank you for your generosity and your involvement in our church.

John Rains
East Entrance Addition
Task Force, Chair



*Thank You for your
Financial Support*



New Hope wants to remind you that we offer online giving as a way to automate your offering.

To setup online giving go to www.newhopedsm.org and click on the

Gifts tab. This will direct you securely to set up an automatic donation. Please contact the church office for additional information.

July 2023

**Sunday morning services are:
8:30, 9:30 and 10:45
Nursery at 8:30 & 9:30**

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

						1
2 Communion 9:30a-11a Blood Pressure 10:45a, Children's Worship	3 9:30 Chair Yoga & Fitness	4 Church Office Closed In observance of Independence Day	5 9:30 Chair Yoga & Fitness 6:30p, Praise Band practice	6 6:30p, Worship Mtg at church	7	8
9 VBS 9th-12th 5:30p Dinner 6-8p Activities	10 9:30 Chair Yoga & Fitness	11 9:30a, Al-Anon, R.Chapel Noon, AA, R.Chapel	12 9:30 Chair Yoga & Fitness 6:30p, Praise Band practice	13	14 Church Office Close 9a-3p, Needlers at church 3:30p, Hand of Luke	15
16 9:30a, VBS Celebration 10:30a, Growth Mtg 7p, Scout Mtg (Jackie)	17 9:30 Chair Yoga & Fitness	18 9:30a, Al-Anon, R.Chapel Noon, AA, R.Chapel 6:30p, Finance Mtg 7:00p, Stroke Club, F.Hall	19 9:30 Chair Yoga & Fitness 6:30p, Praise Band practice	20 11:30a, United Women in Faith Potluck at church	21 <i>Deadline for August LINK</i>	22 1-3p, FLC reserved
23 11:30a-7p, Rummage Sale donations	24 9a-1p, Rummage Sale donations 9:30 Chair Yoga & Fitness	25 Rummage Sale Set up 9:30a, Al-Anon, R.Chapel Noon, AA, R.Chapel	26 Rummage Sale Set up 9:30 Chair Yoga & Fitness 6:30p, Praise Band practice	27 Noon-6p, Rummage Sale 6:30p, Administrative Council Mtg.	28 9a-6p, Rummage Sale	29 9a-Noon, Rummage Sale
30	31 Church Office Close 9:30 Chair Yoga & Fitness					



"May God's many blessings, be yours the year through."



- | | |
|---|--|
| 1 Ron Zoss | 16 Cheryl Moore, Patty Nearmyer,
Chris Higdon |
| 2 Sally Corcoran, Terry Dolberg, | 17 Kaiden Nelson, Ronan Rock |
| 3 Chinyere Ukabiala, Cindy Meyer,
Nicholas Bogue | 18 Brad Johnson |
| 4 Chad Strauss | 20 Kim Wills, Robin Harlow |
| 6 Bailey Dillenburg | 21 Allen Davis, Jim Mather |
| 8 Roger Moore, Marc Davis | 22 John Burrough |
| 9 Beth Roff | 23 Eldon Cross, Max Roquet |
| 10 Kathy Fairchild, Charlene Cobb, | 24 David Baldwin, Tony Hoffman,
SaLynn Conley |
| 11 Courtney Berry | 25 Jan Davisson, Elaine Lesch |
| 12 Jane Wagner, David Davis | 26 Mackenzie Hewitt |
| 13 Michelle Roquet | 27 Deb Henry, Brenda McConahay |
| 14 Mike Wakeman | 29 Shayna Stubbs, Hannah Hoffman |
| 15 Jody Rains, Rece Haugland | 31 Marijke Hodgson, Caleb Williamson |

- 5 Bob & Carol Harter
- 8 Lynn & Jan Davisson
- 8 Rick & Michelle Roquet
- 8 Mark & Julie Sahlin
- 9 Mark & Megan Thomsen
- 16 Terry & Penny Dolberg
- 17 Kirk & JoRenee Hartung
- 19 George & Armenta Buckingham
- 22 Jason & Elaine Sheer
- 29 Joe & Judy Nemmers
- 29 Spencer & Andy Sutton

If you see that your name is not listed, please call the church office at 278-2097, or email at nhfamily@newhopedsm.org, so we can update our files.



WORSHIP
with us

Sunday Morning Worship Services

8:30 & 10:45: Traditional Services in the Sanctuary

9:30: Contemporary Service in the Family Life Center

We continue to offer the Sunday morning Parking Lot Radio Feed and also the Pre-Recorded Worship Services that can be found on the church Facebook page.

Church Staff

Pastor: Rev. Dr. Lilian Gallo Seagren
Office Administrator: Nancy Monthei
Children & Youth Ministries Coord.: Jackie Johnson
Director of Music: Preshia Paulding
Nursery Attendants: Kris Wakeman, Brianna Johnson, Amanda Soards

E-mail Information

Church address: nhfamily@newhopedsm.org
Pastor Lilian Gallo Seagren: Lilian@newhopedsm.org
Nancy Monthei: nancy@newhopedsm.org
Jackie Johnson: jackie@newhopedsm.org
Preshia Paulding: preshia@newhopedsm.org

Find Us ~ 4525 Beaver Avenue, Des Moines, IA 50310
(515) 278-2097 www.newhopedsm.org

Find us on facebook!

The LINK newsletter is a monthly publication.

Editor: Nancy Monthei; Reporters: New Hope Church family. Please contact the church office at 515-278-2097 if you have a change in address or would like to be taken off the LINK mailing list.

Following Christ, inspiring minds, loving hearts, serving hands and transforming communities.

the link
New Hope United Methodist Church
4525 Beaver Avenue
Des Moines, Iowa 50310